

JANUARY 2016 Volume 3, Issue 1



### Staff Longevity Contributes to Winning the "2016 Best Senior Living Award" and 5 Star Medicare Rating

Staff longevity is something we take pride in at our community. It is a direct result of our company's mission. Our staff is committed to providing a senior community that is dedicated to enhancing wellbeing in an enriching environment. Our vision is to be consistently recognized and respected as the premier senior community in the Dayton area.

We are happy to announce that One Lincoln Park has been recognized by SeniorAdvisor.com as a "2016 Best of Senior Living" winner. Fewer than 1% of senior living providers in North America receive this award. Our staff longevity continues to positively impact our success and is responsible for the high ratings received from the families that we have served over the past 29 years.

### **One Lincoln Park:**

**Ana Paner-Johnson**, Executive Director – 29 years



#### Michael Reitz,

Dining Room Supervisor – 16 years Holly Campbell-Bradley, Director of Social Activities – 14 years Mark Fund, Culinary Director – 12 years Lori Wheeler, Business Office Manager – 6 years Dan Arrowood, Environmental Services Director – 5 years

Likewise, the staff at Lincoln Park Manor boasts longevity with 107 years of combined service from their executive team. For the past 26 years, the community has highly regarded our reputation as one of the best nursing homes in the area. Our continued high satisfaction ratings from patients and their families, along with maintaining our 5 Star Medicare ranking consistently for the past three years, is a testament to our exceptional staff. We take pride in the trust we have built. Families know their loved ones are taken

very good care of by the same people every day.

#### Lincoln Park Manor:

Nancy Gross, LSW, Director of Social Services – 25 years Kathy Edwards, RN, Director of Nursing – 21 years Nicolette Raney, DTR, Director of

Nutritional Services –16 years

**Brenda Wirrig, LNHA, CEAL**, Executive Director –14 years

Judy Ashford, Director of Activities – 10 years

Jamie Rath, LPN, Assisted Living Supervisor – 8 years Michael McDonald, Director of Environmental Services – 5 years

Ann Wittoesch,

Director of Admissions- 4 years Mary Beth Barton, LNHA,

Assistant Executive Director – 4 years

### **Renovations Are Almost Complete!**

One Lincoln Park and Lincoln Park Manor are renovating key areas of their buildings! One Lincoln Park is renovating its main and private dining rooms, lounge and library, and adding a new Bistro, Bar and Apothecary. This photo is a sneak peak at the new dining room!

Heartland Pharmacy will manage and operate One Lincoln Park's new Apothecary. OLP residents will be able to enjoy the conveniences of prescription drop-off and complimentary home delivery. Over the counter items such as pain, cold and allergy, and personal health products will also be available.

Lincoln Park Manor's renovations are also in progress to remodel the lobby, offices, reception desk, Care Conference room and the beauty salon. The new, inviting lobby will feature a fireplace, coffee bar and lounge. It will become a gathering spot where residents and guests can enjoy coffee or tea. Stay tuned for our open house announcement.



# Our Counselors Share the **Top Q&A's Most Families Ask** During Their Initial Visit

Over the years, our Retirement Counselors at One Lincoln Park and our Admission Director at Lincoln Park Manor talk to hundreds of families. Many of the same questions are asked about living in our communities and we would like to share some of those top questions. On this page you will find information pertaining to One Lincoln Park.



Jack McGeady, Retirement Counselor – One Lincoln Park

#### 1. Can I bring my car to One Lincoln Park?

Yes! You can have your car here and a parking spot will be assigned to you. You are always free to get your car on your own, but we offer valet service seven days a week from 8 a.m. to 5 p.m. Our valet will bring your car to the front door, warmed up and ice or snow removed if the weather is bad. When you come home, just pull to the front door and our valet will park your car in its assigned spot.

# 2. Do I need to tell you every time I leave the building?

This is your home and you can come and go as you please. One Lincoln Park has many safety features for our residents and one is a daily check in button. If you are going to be away overnight or for an extended period of time, we ask that you let us know. That way our staff will know that you will not be checking in on the days you are away.



Karen Singer, Retirement Counselor – One Lincoln Park

- 1. Couples ask: What happens if one or both becomes too ill to live at OLP?
- a. Our community is a full continuum of care, and with our in-house home health agency, many are able to remain here and continue living together.
- b. In the event one spouse or both requires more assistance, our in-house home health agency can still provide services such as daily assistance with dressing, bathing and medications. Should one need 24-hour skilled nursing services, Lincoln Park Manor is right next door. As a resident, you receive priority admission and a private room if one is available.

### 2. How does your chauffeured transportation services work?

Our chauffeured transportation services are available 7 days a week between 8 a.m. to 5 p.m. at no charge! Simply call ahead of time and our chauffeur and car will be waiting for you at the front door. We can drive you to any destination within a 15 mile radius as often as you like and for any purpose. We even have access to WPAFB for our retired military residents, University of Dayton for enrichment classes and the same for Wright State University. Also, no tipping is allowed!



Kim Lust, Retirement Counselor – One Lincoln Park

# 1. Can I use my VA Benefits in your community?

Yes! One Lincoln Park is or will be your new home. If you were eligible for Aid and Attendance Pension in your home, then you can have it here as well.

### 2. Can I bring my dog or cat?

Yes! We encourage you to bring your pet. We understand that your pet is family tool

3. How does our meal plan work? If I don't spend my \$220 allowance, does it rollover to the next month?

Each resident receives a meal allowance of \$220 per month. Our dining room is available Monday through Friday for all three meals, and open for both breakfast and dinner on Saturday and Sunday. After each meal you will receive a receipt with your meal allowance balance. You can also invite guests at any time. If you do not use up your allowance by the end of each month, you may use your credit on our "Market Day." This is a great opportunity for you to buy delicious items from our kitchen.

For more information call 937-298-0594 or visit our website LincolnParkSeniors.com. Helpful downloads are available on our Resource page. Top **Q&A's** Families Have About **Assisted Living** 

On this page you will find questions pertaining to Lincoln Park Manor's Assisted Living. Our Admission Director, Ann Wittoesch, receives many questions during her initial consultations with families and below she shares her answers. We hope you find this information helpful and please do not hesitate to give us a call with any other questions you might have.

## 1. Is there a nurse available for your assisted living?

Yes, we have a full-time nurse who manages all medications for the residents. The medications are kept at the nurses' station and are administered throughout the day. Since our assisted living suites are under the same roof as our skilled facility, we are able to offer access to a nurse 24/7 for your loved one.

# 2. Are the assisted living apartments furnished?

We provide a twin bed and nightstand at no charge. Most residents prefer to accent their apartments with their own furnishings to make it feel more home-like. Typical furnishings would include: sofa, recliners, television, dresser, desk, curio cabinets, etc.



Assisted Living suites offer ample space with private bath and small kitchenette.

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# 3. What is included for assisted living residents?

We offer 30 studio size apartments and each have private bathrooms with walk-in showers. We offer an emergency call response system for the residents to call for assistance with their activities of daily living. Laundry services, housekeeping, linens and towels are included. Cable television, long distance phone service and wireless internet are also included at no charge. Beauty and Barber shop services are available but there is a small charge for these services. Most importantly, we offer a variety of activities. Everything from chair dancing, trivia, worship services, art class and manicures to name a few. We also have several worship services to attend.

### 4. Does Medical Insurance like Medicare or a Medicare replacement plans, etc., pay for assisted living?

No, unfortunately only long term care plans would provide financial assistance in any assisted living facility. Assisted living communities are private pay. At Lincoln Park Manor a resident pays monthly, just like paying rent in the community. There is no endowment fee or "buy in" at Lincoln Park Manor.

If you have questions about how long term care insurance policies apply to assisted living expenses, please contact us for a complimentary consultation.

Lincoln Park Manor accepts Medicare, most Anthem plans, Aetna, Cigna, Tricare, Medical Mutual of Ohio and Premier Health Plan. Please call for a complete list and specifics.



For more information contact Ann Wittoesch 937-297-4300 or visit our website LincolnPark-Manor.com

**TEXT TO JOIN** — It's easy to join our e-newsletter and receive invitations to events, helpful tips and more.

Text to join is the quickest and easiest way to be added to the list. **Text OLP to 22828, and enter your email address.** (Message and data rates may apply)

Visit Medicare.gov/NursingHomeCompare for a complete guide, helpful checklists, ratings and more when looking for a nursing home, rehab or skilled nursing community.



### One Lincoln Park Premier Retirement Living

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### Scan to Watch a Virtual Tour of One Lincoln Park

Tour a two bedroom model apartment at One Lincoln Park by scanning the photo above with the Layar app.

Or visit our website: LincolnParkSeniors.com and look for the link on the home page slide show or on the leasing page to watch the video.

# Scan to Watch a Virtual Tour of Lincoln Park Manor

Take a tour of Lincoln Park Manor by scanning the photo above with the Layar app.

Or visit our website:LincolnPark-Manor.com and look for the link on the home page slide show to watch the video.



### OLP wins 2016 Best Senior Living Award!