Assisted Living May be the Right Choice

A checklist courtesy of Lincoln Park Manor

To assess your situation, ask yourself the following specific questions.

- 1. Is medication being taken on time and properly?
- 2. Would it be a comfort to have someone available to help you 24 hours a day?
- 3. Does being more social and active appeal to you?
- 4. Does eating or having your meals prepared for you sound enticing?
- 5. Is personal care an issue that is uncomfortable to discuss with family and friends?
- 6. Would having some assistance with mobility ease your anxiety?
- 7. Would personalized service in a top rated, quality facility be of interest to you?

If you answered "yes" to even a few of these questions, please contact us. We would appreciate the opportunity to assist you and provide the support that you are seeking. Even if we are not the best answer for your family, we can advise you about other appropriate options to consider. Call today to arrange a personal appointment.



Lincoln Park Manor

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